

## Terms & Conditions

Effective Date: 22/7-2025

Please read these Terms & Conditions carefully before using our website or purchasing any products or services. By accessing or using our website, you agree to be bound by these terms.

### 1. Overview

This website offers digital fitness services, including training programs, customized meal plans, and live coaching sessions (“Services”). These Terms & Conditions apply to all visitors, users, and customers of the site.

### 2. Eligibility

By using this website or purchasing any service, you confirm that you are at least 18 years old, or have the consent of a legal guardian if under 18. You must also ensure that your use of the website complies with all applicable local laws and regulations.

### 3. Purchases & Payments

All prices are listed in EUR unless otherwise stated. Payment must be completed in full at the time of purchase via our secure checkout system. We reserve the right to change pricing at any time without prior notice.

### 4. Delivery of Digital Products

Once payment is confirmed, you will receive access to your purchased digital product(s) via email. Delivery is considered complete once the product has been made available for access.

### 5. Coaching Sessions (Face-to-Face Calls)

Bookings for live coaching sessions must be scheduled in advance through the website. You are responsible for ensuring you attend at the scheduled time. No-shows or cancellations made less than 24 hours before the session may not be eligible for a refund.

### 6. Refunds & Cancellations

Digital products are non-refundable once accessed or downloaded, in accordance with EU consumer protection laws. By purchasing, you consent to immediate delivery and waive your right to withdrawal.

Live coaching sessions may be refunded if cancelled at least 24 hours before the scheduled time. Contact us via email to request a cancellation or reschedule.

### 7. Intellectual Property

All content on this website—including training programs, images, videos, texts, and downloadable files—is the intellectual property of DinoLab AB and may not be copied, redistributed, or sold without written permission.

**8. Use of Services**

You agree to use our services only for personal, non-commercial purposes. You may not share, resell, or distribute our content without authorization.

**9. Disclaimer**

Results may vary. Our programs are not medical advice and are not intended to diagnose, treat, or cure any condition. Always consult a physician before beginning any new fitness or nutrition program.

**10. Limitation of Liability**

DinoLab AB shall not be held liable for any injuries, losses, or damages resulting from your use of our services. You train and participate at your own risk.

**11. Modifications**

We reserve the right to update these terms at any time. Changes will be posted on this page with a new "Effective Date." Continued use of the site constitutes acceptance of the new terms.

**12. Contact**

For questions, concerns, or support, please contact us at:

Email: [info@dinohaddy.com](mailto:info@dinohaddy.com)